

SPIRITED WOMEN'S NETWORK

EMPOWER. SUPPORT. CONNECT.



“Where there is charity and wisdom, there is neither fear nor ignorance.”

St. Francis of Assisi quotes (Founder of the Franciscan order, 1181-1226)

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What's new?

Link -

www.1millionwomen.com.au

Events –

Become a Marketing

Genius

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Drumming

Flat Rock on the Beach-

Yoga and relaxation

retreat

Extra –

Spirited Women's

Network is now on

facebook.

Cheerful Charity – December Edition 2009

Well it's that time of year again when we start going into a panic over getting the xmas shopping done. Frankly I am a little over it. I don't have a religious affiliation with Christmas and though I do enjoy spending time with my family, it doesn't seem to hold a deeper meaning for me. The times when I did feel connected to xmas were the times I did something for somebody else just because it felt great to do so. When my kids were little we did visit the old people's home to spread some cheer and cake. We did buy presents for the wishing tree. We did wrap things that we could do without and give them to charity. So this edition is about charity and charities. I sincerely wish you all a beautiful Christmas and may the true meaning for you shine through.

Blessings, Natalie

10 Gifts of Charity

1. Your Expertise

Donate your expertise to an organization or charity. Find an organization or charity you gel with and offer your skills. It could be anything from revamping their website, catering or doing hairdressing.

2. Your time

Volunteer! So many different organizations and charities are crying out for helpers, even if it is a one of thing. Sort clothes, collect donations, serve in a shop, dish up food.

3. Meal time

Cook a meal that can be easily frozen and give it to someone who would appreciate it. Do you know of a new mum, a new neighbour, a carer. a charity or someone who is just very busy?

4. Notes of Appreciation

Buy a notebook and fill it with quotes, poems, stories, memories that let someone know how much you appreciate them. Include photos or pictures. It is a beautiful way to let them know you are thinking of them and are glad that they are in your life.

5. CD

Put together a CD of photos or music or a combination of both that will be meaningful to the receiver.

6. Hobby Gifts

Surprise someone with a gift that incorporates your hobby. Fix someone's garden, scrapbook, massage, a painting. Perhaps you could donate your hobby as something that can be raffled, auctioned or used in fundraising.

This Month's Recipe

Sweet charity: Recipes for your cake stall or fair

Rocky road bites

Ingredients

- 1/2 cup slivered almonds
- 1/2 x 250g packet plain sweet biscuits
- 250g packet marshmallows
- 190g packet strawberries and cream lollies
- 2 x 375g packets Milk Choc Melts

1. Line 30 holes of three 12-hole muffins pans (1/3-cup capacity) with paper cases.

2. Sprinkle almonds over an oven tray. Cook in a moderately hot oven (190C) for about 5 minutes, or until golden brown. Remove and cool.

3. Break sweet biscuits into small pieces. Using kitchen scissors, cut marshmallows into quarters. Cut lollies in half.

4. Place Choc Melts in a large heatproof bowl. Sit bowl over a saucepan of simmering water. Stir until smooth.

5. Remove bowl from heat. Add almonds, biscuits, marshmallows and lollies. Stir to coat. Divide mixture evenly among paper cases. Refrigerate until set.

6. Store rocky road bites in an airtight container for up to two weeks.

6. Declutter

Clean out the clutter in your home, garage or wardrobe and donate your unwanted goods to charity.

7. Blood

Give blood. Especially around the holiday season when there seems to be an increase of accidents.

8. Visit

Take some time to visit hospitals or old people's homes at Christmas time. So many clients and patients don't have family around to help them celebrate. A warm smile and some conversation can go a long way! Take some home baked biscuits too.

9. Support

Buy gifts that support others. Instead of buying the same old Christmas presents for family and friends visit one of the many charities and buy a goat, or seeds, or a business or animal feed instead on behalf of the gift recipient. (Here are a few)

- www.oxfam.org.au

- www.kiva.org

- www.worldvision.com.au

- www.charitygifts.com.au

- www.karmacurrency.com.au

10. Love

Spread it around, lavish it around, share it around. We could all do with a little more love.

Donate To Charity

By Tom M Kelly

Perhaps you are wondering why you should donate to a charity and what you can donate as a part of charity giving. The main reason why you should donate is because you are bringing a positive change in the life of a person who deserves the most. There are many ways to donate money.

Before you decide

- Always make a well informed decision while choosing the charities you are going to donate.
- You can donate anything from clothes, old books, food, pet supplies, musical instruments, furniture or just donate money.
- Donating car, a boat or a truck is also a good suggestion and you will become the person who will make it possible to give all the proceeds from your car or other vehicles to charity.

Donate to a charity online through many online donations registers, which are secure and simple to use. The online donations can be made for children's charitable organizations to help the needy by giving them proper education, good food, better health care and the comfort of a home.

Many non-profit charity organizations submit their annual reports. An annual report can guide you and assess the situation for putting the donation money in

This Month's Poem

Charity should make the
giver sing,
Happy in the undertow of
sharing.
A gift should not be given
out of duty,
Remiss in both its
pleasure and its beauty,
Intent on rectitude, bereft
of caring.
The burdens of the world
may be worth bearing,
Yet gifts should still a
certain lightness bring.

Nicholas Gordon.

Charity Chapters

The Good Giving Guide: A Practical, Inspirational Guide to Supporting Australian Charities

By Mary Pearce and Lyn Amy

Cracks in My Foundation: Bags, Trips, Make-Up Tips, Charity, Glory, and the Darker Side of the Story; Essays and Stories

By Marian Keyes

that particular organization. Evaluate the financial status and the people involved like the list of officers and directors associated with the non-profit donation businesses and organizations. Find for you, a non-profit charity and donate to a charity whatever you can or volunteer yourself to work for the betterment of your community.

Charitable donate to a charity organization should be done carefully.

- If the charitable organization is rushing you in to donating money then be aware because legitimate charities never force you to do anything.
- Look out for scam and always check the names as similar sounding names are usually used by fake agencies to cheat on you.
- Be careful when you donate in cash and make sure that you get a note or receipt for the same. It is always better to give the donation by means of a check instead of cash.
- Charitable giving for firefighters, veterans and police can be done through the proper organizations and reading the brochure of the office of the attorney general can keep you informed on the same.

Donate non-profit charity and help in promoting the deprived and the needy residing in your community. Many online donations can be made to goodwill charity which helps many young people live better lives. The grants and money from the goodwill charity can be used for career services and job training of the young people and they can get a better job and a good quality life.

Many organizations do not spend the entire revenue accumulated for charity but release only a part of it for charitable giving. Be aware and informed when you donate and keep track of your money. Whenever possible go and meet people involved in charity and find time to work with them. This may help you to find out the genuine non-profit charity and you can be sure that what ever money you donate to them is for a good cause. Go ahead and donate to a charity today and help many people to live a safe, comfortable and healthy life.

To Read More, Visit Our Website By Clicking Donate To A Charity
<http://www.IDonateToCharity.org> Copyright notice IDonateToCharity.org

There are some sensational charities here on the sunshine coast. I invite you to take some time to get to know them and perhaps even lend a hand.

Merry Christmas and May the New Year Bring You Dreams Come True.